



Fresh Cut Fruit

selection of tropical fruits

Fresh Fruit Smoothies

Cereals

choice of hot and cold cereals with skimmed milk
rice krispies, cornflakes, all bran, raisin bran and oat meal

From the Bakery

freshly baked croissant, banana bread, assorted danish and muffins
served with fruit preserves, honey and butter

Home Made Pancakes & Waffles

banana, coconut or pineapple pancakes served with fruit topping
belgian waffles served with papaya compote

Side Orders

bacon, sausage, ham
smoked marlin plate
country roasted potatoes
white or whole wheat toast, english muffin, toasted bagel

Beverages

freshly brewed blue mountain coffee
breakfast teas and a selection of gourmet teas
jamaican hot cocoa
chilled juices: freshly squeezed orange, grapefruit, pineapple, apple or tomato

“Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness”



Eggs

two eggs done any style served with toast and country roasted potatoes

Omelettes

plain omelette

three egg omelette

choice of mushroom, bacon, onions, tomato, cheese

egg white omelette with fresh Round Hill Organic Garden herbs

Continental Breakfast

please choose from our continental buffet breakfast:

fresh juices and tropical fruits, assorted hot or cold cereal, granola bars, freshly baked breakfast pastries,
assorted yogurt, toast and preserves, honey

freshly brewed Jamaican coffee, tea and hot cocoa

Traditional Jamaican Breakfast

includes the above continental options and daily specials (please ask your server)

freshly brewed jamaican coffee, tea and hot cocoa

American Breakfast

includes the above continental options, two farm fresh eggs any style

choice of bacon, sausage, ham and hash brown potatoes, toast, butter and preserves

freshly brewed Jamaican coffee, tea and hot cocoa

Fitness Breakfast

includes the above continental options, egg white omelette with fresh Round Hill Organic Garden herbs,
whole wheat toast, freshly brewed jamaican coffee or tea

plus 10% government tax and 18% service charge

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